

Purr Therapy What Timmy And Marina Taught Me About Life Love And Loss

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Purr Therapy What Timmy And

In Purr Therapy, psychotherapist and cat lover Dr. Kathleen McCoy shows how two very special cats rose to this challenge, how they helped wounded souls to heal and how they taught even her lessons in mindfulness, joyful living, and compassion. She also shows readers how animal-assisted psychotherapy works and gives them an intimate and moving inside look at how Timmy and Marina worked with patients, how their double role as animal companions and cotherapists changed lives, and how, after ...

Purr Therapy: What Timmy & Marina Taught Me About Life ...

Title: Purr Therapy - What Timmy & Marina Taught Me About Life, Love and Loss Author: Kathy McCoy, PhD Publisher: HCI Books Published: 10-7-2014 Pages: 216 Genre: Medicinal Treatment Sub-Genre: Animals, Cats, Self Help, Counseling & Psychology, Research ISBN: 9780757318030 ASIN: B00NU4LQ88 Reviewed For NetGalley and HCI Books Reviewer: DelAnne Rating: 4.75 Stars Cats aren't a typical choice for animal-assisted psychotherapy, but Timmy and Marina are anything but typical.

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purr therapy what timmy and marina taught me about life love and loss Sep 19, 2020 Posted By Janet Dailey Media Publishing TEXT ID 06933e4a Online PDF Ebook Epub Library a segment of the title purr therapy what timmy marina taught me about life love and loss author kathy mccooy phd publisher hci books published 10 7 2014 pages 216 genre

Purr Therapy What Timmy And Marina Taught Me About Life ...

Get this from a library! Purr therapy : what Timmy and Marina taught me about love, life and loss. [Kathy McCoy] -- "Cats aren't a typical choice for animal-assisted psychotherapy, but Timmy and Marnia are anything but typical. Research has found that petting a cat can lower blood pressure and a cat's purr is ...

Purr therapy : what Timmy and Marina taught me about love ...

"In sharing the story of her rescued therapy cats, Timmy and Marina, in Purr Therapy, Dr. McCoy demonstrates not only the power that these small creatures have to help heal the human heart and calm the troubled spirit but she also shares her own story of love and loss in a way that any animal lover will understand. Her shared 'lessons learned' from the therapy cats can guide us all in handling our own personal conflicts, challenging moments, interpersonal relationships or times of great ...

Purr Therapy | kathymccoyphd

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Purr Therapy What Timmy And Marina Taught Me About Life ...

In Purr Therapy: What Timmy and Marina Taught Me About Life, Love and Loss, psychotherapist Dr. Kathleen McCoy shares her experience of how two very special cats helped her in her work with her patients. This book provides a fascinating and close up look at how these two cats worked with McCoy's patients, bringing healing in often unexpected ways.

Review: Purr Therapy by Kathy McCoy - The Conscious Cat

It explains how those who chose to work with her original therapy cat, Timmy, a Burmese/red tabby mix, and later Marina, a flame-point Siamese, were helped by their interactions with these cats. Though Timmy and Marina had distinctively different personalities, they both were able to intuit what individual clients needed during their therapy sessions.

The Cat on My Head reviews, Purr Therapy, and has giveaway ...

Purr Therapy takes the reader into specific examples from Dr. McCoy's own life and practice on how Timmy and then Marina helped her clients, while teaching her "lessons in mindfulness, joyful living, and compassion."

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Therapy Cats

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Purr Therapy What Timmy And Marina Taught Me About Life ...

Purr Therapy What Timmy And Marina Taught Me About Life purr therapy what timmy marina taught me about life love and loss is based on a true story following a segment of the career of psychotherapist and cat lover dr kathy mccooy phd Purr Therapy What Timmy And Marina Taught Me About Life